
North Dakota Medicaid Pharmacy Program Quarterly News

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Welcome to the “North Dakota Medicaid Pharmacy Program Quarterly News,” a pharmacy newsletter presented by the North Dakota Department of Human Services and published by Health Information Designs, LLC (HID). This newsletter is published as part of a continuing effort to keep the Medicaid provider community informed of important changes in the North Dakota Medicaid Pharmacy Program.

The North Dakota Department of Human Services has contracted with HID to review and process prior authorizations (PAs) for medications. For a current list of medications requiring a PA, as well as the necessary forms and criteria, visit www.hidesigns.com/ndmedicaid, or call HID at (866) 773-0695 to have this information faxed. An important feature on this website is the NDC Drug Lookup, which allows you to determine if a specific NDC is covered (effective date), reimbursement amount, MAC pricing, copay information, and any limitations (prior authorization or quantity limits).

This newsletter provides an overview of coverage for emergency contraception and Dexcom G6 continuous glucose monitor criteria requirements.

The North Dakota Medicaid Pharmacy Program team appreciates your comments and suggestions regarding this newsletter. To suggest topics for inclusion, please contact HID at (334) 502-3262, call toll free at 1-800-225-6998, or e-mail us [at info@hidinc.com](mailto:info@hidinc.com).



Helpful Numbers

| | |
|-----------------------------|--------------|
| PA Help Desk | 866-773-0695 |
| To fax PAs | 855-207-0250 |
| To report adverse reactions | 800-FDA-1088 |

| Inside this issue: | Page |
|---|------|
| Welcome | 1 |
| Helpful Numbers | 1 |
| Coverage for Emergency Contraception | 2 |
| Dexcom G6 Continuous Glucose Monitoring | 2 |
| Dexcom G6 Cont. | 3 |
| Health Information Designs, LLC | 4 |

Visit HID’s North Dakota Department of Human Services Prior Authorization Webpage, www.hidesigns.com/ndmedicaid.

Coverage for Emergency Contraception

Emergency contraception pills (ECPs) prevent pregnancy by preventing or delaying ovulation. These options cannot interrupt established pregnancy or cause harm to a developing embryo. The levonorgestrel 1.5mg tablet is commonly utilized for emergency contraception within 72 hours of unprotected sexual intercourse or contraceptive failure; however, treatment for emergency contraception is still considered moderately effective if used within 5 days and may be used at any time during the menstrual cycle. This product may also be used more than once within the same cycle. Levonorgestrel is not effective once the implantation process has begun and is not recommended during pregnancy. Common side effects while using ECPs include fatigue, hypermenorrhea, abdominal pain, and nausea. If vomiting occurs within 2 hours of taking a dose, the dose should be repeated.

Prior authorization is not required by North Dakota Medicaid for coverage of any oral emergency contraception for individuals assigned female at birth and between the ages 11 to 59 years. The preferred agent is generic levonorgestrel 1.5mg.

| Generic | Brand |
|----------------|--|
| Levonorgestrel | Aftera, AfterPill, EContra EZ, EContra One-Step, My Choice, My Way, New Day, Next Choice One Dose, Opcicon One-Step, Plan B One-Step, React, and Take Action |

References

Plan B One-Step (levonorgestrel) [prescribing information]. North Wales, PA: Teva Women's Health; July 2017.

Emergency contraception. World Health Organization; February 2018. <https://www.who.int/news-room/fact-sheets/detail/emergency-contraception>

Emergency contraception. Center for Disease Control and Prevention; November 2, 2018. <https://www.cdc.gov/reproductivehealth/contraception/mmwr/spr/emergency.html>

Dexcom G6 Continuous Glucose Monitoring

As of July 1st, 2021, North Dakota Medicaid began covering Dexcom G6 continuous glucose monitoring system for eligible patients. Prior authorization is required for Dexcom G6 receiver, transmitter, and sensors and will be granted for 1 year once approval has been given. In addition to the Dexcom G6 continuous glucose monitoring system, North Dakota Medicaid will cover 200 test strips per year to facilitate instances when the Dexcom G6 meter is not displaying blood glucose readings that correspond with the symptoms the member is experiencing or that are consistently outside of the 20 rule. A unique Dexcom G6 sensor code found on each sensor's adhesive label must be entered during the startup period, so finger sticks and calibration are not required.

For initial approval, the following criteria must be met:

- **One of the following must be met for members to meet criteria:**
 1. Patient uses basal and prandial insulin doses, or Humulin U-500
 2. Patient uses an insulin pump
 3. Patient is pregnant with diagnosis of gestational diabetes
 4. Patient has recurrent hypoglycemia due to one of the following diagnoses and CGM is recommended by a medical geneticist or an endocrinology specialist as evidenced by chart notes:
 - Inborn errors of metabolism/metabolic syndrome with risk of hypoglycemia (e.g. glycogen storage disease (GSD), hereditary fructose intolerance (HFI), fatty acid oxidation disorders, gluconeogenesis disorders, ketogenesis disorders)
 - Hyperinsulinemia syndromes (e.g. Insulinoma, Persistent Hyperinsulinemia Hypoglycemia of Infancy (PHHI), Non-insulinoma Pancreatogenesis Hypoglycemia Syndrome (NIPHS), Nesideoblastosis)

- **The prescriber must also attest to all the following:**
 - Patient will maintain regular provider visits to review glycemic control every 3-6 months.
 - CGM data will be reviewed at provider office visits.
 - CGM data will be used in the clinical decision-making process and documented in chart notes.

- **The prescriber must provide the most recent A1c for patient with diabetes.**

To replace faulty or broken sensors, receivers, or transmitters:

Please contact Dexcom Global Technical Support at 1-844-607-8398 or visit <https://www.dexcom.com/contact>

Quantity limits for Dexcom G6

- NDC 08627005303- Dexcom G6 Sensors 3 ten-day sensors/box= up to qty 9/90-day supply
 - NDC 08627001601- Dexcom G6 Transmitter- 1= 90-day supply (4 Transmitters/year)
 - NDC 08627009011- Dexcom G6 Receiver- 1= 250-day supply (warranty is 1 year)

You may find more information on coverage criteria and frequently asked questions at <http://www.hidesigns.com/ndmedicaid/pdsl.pdf>. Please visit

<http://www.hidesigns.com/ndmedicaid> for information on prior authorization. Helpful links include PA Forms, PA Criteria, and NDC Drug Lookup.



Health Information Designs, LLC is the most experienced and qualified provider of drug utilization review and pharmacy support services in the country. We specialize in helping our clients promote clinically appropriate and cost-effective prescribing, dispensing, and utilization of prescription drugs.



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