

North Dakota Medicaid Pharmacy Program Quarterly News

Published Quarterly by Kepro

Quarter 4

FALL 2023

Medication Therapy Management (MTM)

Medication Therapy Management (MTM) is defined by the American Pharmacists Association as “a group of services that optimize therapeutic outcomes for individual patients” and “are independent of, but may occur in conjunction with, the provision of a medication product.”

MTM is individualized to the needs of the patient and includes a broad range of professional activities and responsibilities within the licensed pharmacist’s scope of practice (not an all-inclusive list):

- Perform or obtain necessary assessments of the patient’s health status
- Formulate a medication treatment plan
- Identify, resolve, and prevent medication-related problems, including adverse drug events
- Monitor and evaluate the patient’s response to therapy, including safety and effectiveness
- Provide education/training to enhance patient understanding and appropriate medication use
- Coordinate support services to enhance patient adherence with therapeutic regimens
- Communicate findings and recommendations to the patient’s other healthcare care providers

State and federal legislation have required payers to incorporate MTM coverage into their pharmacy or health plans’ benefits (e.g., 42 CFR § 423.153(d) and N.D.C.C. chapter 26.1-36.11). However, eligibility requirements for MTM services may vary between payers.

ND Medicaid has covered MTM since 2018 for traditional Medicaid members. Blue Cross Blue Shield of ND covers MTM for expansion Medicaid members as of 2023. If you identify a patient who could benefit from MTM, consider asking a pharmacist to engage in providing these services for your patient.

MTM services may be particularly beneficial for patients with:

- Medication adherence-related problems
- Uncontrolled disease states
- High-risk social practices
- Limited health literacy

Drug Specific MTM Opportunities

ProAir RespiClick

ProAir RespiClick works differently than other HFA inhalers. MTM opportunities exist to ensure patients are properly using this medication. Some important counseling points for ProAir RespiClick are listed below:

- A spacer cannot be used with ProAir RespiClick. By breathing in, you activate the inhaler to deliver the medication, so you don’t have to coordinate “pressing and inhaling” to receive a dose during an asthma attack.
- ProAir RespiClick does not need to be primed.

Please see <https://www.proair.com/respiclick/about/faqs> for more commonly asked questions.

North Dakota Medicaid Pharmacy Program Quarterly News

Published Quarterly by Kepro

References:

1. Benjamin B. Medication Therapy Management (MTM). [Internet]. Washington (DC): American Pharmacist Association Foundation; 2005 Sept [cited 2023 Oct 30]. Available from: <https://www.aphafoundation.org/medication-therapy-management>
2. Leadership for Medication Management. [Internet]. Bethesda (MD): Pharmacists Providing Care, Empowering Patients. [cited 2023 Oct 30]. Available from: <https://www.accp.com/docs/govt/advocacy/Leadership%20for%20Medication%20Management%20-%20MTM%20101.pdf>
3. Medication Therapy Management Services (MTMS) (Medicaid Expansion). [Internet]. Fargo (ND): Blue Cross Blue Shield of North Dakota; 2023 Jan 1 [updated 2023 July 24; cited 2023 Oct 30]. Available from: <https://www.bcbsnd.com/providers/policies-precertification/medical-policy/m/medication-therapy-management-services--mtms-me>
4. Provider Manual for Pharmacy Medical Billing. [Internet]. Bismarck (ND): North Dakota Department of Health and Human Services. Medical Services Division; July 2023 [cited 2023 Oct 30]. Available from: <https://www.hhs.nd.gov/sites/www/files/documents/Pharmacy%20Medical%20Billing%20Manual%20Updates%2007.14.2023.pdf>
5. FAQs about ProAir RespiClick. [Internet]. Teva, Respiratory; Nov 2021 [cited 2023 Oct 30]. Available from: <https://www.proair.com/respiclick/about/faqs>

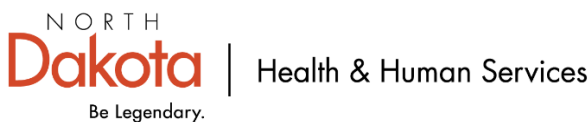
North Dakota Medicaid Pharmacy Program Quarterly News

Published Quarterly by Kepro

The “North Dakota Medicaid Pharmacy Program Quarterly News” is a pharmacy newsletter presented by the North Dakota Department of Health and Human Services and published by Kepro. This newsletter is published as part of a continuing effort to keep the Medicaid provider community informed of important changes in the North Dakota Medicaid Pharmacy Program.

The North Dakota Department of Health and Human Services has contracted with Kepro to review and process prior authorizations (PAs) for medications. For a current list of medications requiring a PA, as well as the necessary forms and criteria, visit www.hidesigns.com/ndmedicaid, or call Kepro at (866) 773-0695 to have this information faxed. An important feature on this website is the NDC Drug Lookup, which allows you to determine if a specific NDC is covered (effective date), reimbursement amount, MAC pricing, copay information, and any limitations (prior authorization or quantity limits).

The North Dakota Medicaid Pharmacy Program team appreciates your comments and suggestions regarding this newsletter. To suggest topics for inclusion, please contact Kepro at 1-800-225-6998, or e-mail us at ND_Info@kepro.com.



Helpful Numbers	
PA Help Desk	866-773-0695
To fax PAs	855-207-0250
To report adverse reactions	800-FDA-1088

Stay Informed:

Upcoming Quarter 1 Newsletter:

Physician Administered Medications
Drug Coverage Look Up Tool
2024 PDL Coverage Updates

Upcoming DUR Board Meetings:

Wednesday, December 6, 2023 at 1:00 PM
Wednesday, March 6, 2024 at 1:00 PM